



Teheca

COMPANY
PROFILE

Connecting families to

Qualified Nurses

Patient & Postbirth Care



info@teheca.com




www.teheca.com



+256 200 902 468



+256 777 709 055

   tehecaug



Teheca

COMPANY
PROFILE

Connecting families to

Qualified Nurses

Patient & Postbirth Care



info@teheca.com



www.teheca.com



+256 200 902 468



+256 777 709 055



   tehecaug



About Teheca



Founded in 2015, Teheca (Tender Hearts Care), has grown to serve a diverse group of clients across Uganda with private nursing services for Patients, New mothers, and Babies in the comfort of their homes or hospital.

We are proud to have established a reputation as a leader in nurse-led care, constantly improving and expanding our services to meet evolving clients' needs.

Teheca delivers optimal care for you and your loved ones by leveraging **People, Technology, and Products**. We prioritize your **Convenience, Accessibility, and Accountability** to provide exceptional service.





OUR SERVICES

Teheca Nursing Care Services

At Home or In Hospital Bedside Nursing

Personalized to meet your specific care needs, providing flexibility, convenience, and support for a faster and more comprehensive recovery.

Our commitment to continuity of care ensures that you receive seamless support throughout your journey back to health.

To learn more about our services and how we can help you and your loved ones today,

Talk to us about your care needs



info@teheca.com



www.teheca.com



+256 200 902 468



+256 777 709 055




Maternity Care Services


Teheca's team of experienced maternity nurses provide a personalized and comprehensive approach that prioritizes you and your baby's health, as well as your family's well-being.

With support extending from prenatal to postnatal care, we are committed to guiding you through every step of the way.

Take the first step towards a worry-free post-birth period with Teheca.

[Book a Nurse Today](#)

 info@teheca.com

 www.teheca.com

 +256 200 902 468

 +256 777 709 055



OUR PRODUCTS



Teheca Prepared Mama Bag and Value Kit

Designed by Teheca, the prepared mama bag and value kits are customized with carefully curated must-have items for every pregnant woman for a safe and clean delivery and in case of an emergencies.

Compact and easy to carry, it's a perfect companion for new moms to be. Items include:

- ▶ 1 Cotton wool 500mg
- ▶ 1 Gauze roll_2meters
- ▶ 4 pairs of surgical gloves
- ▶ 2 examination gloves
- ▶ 2 maternity pads
- ▶ 1 cord tie
- ▶ 1 surgical blade
- ▶ 1 baby receiving sheet
- ▶ 1 carry sheet
- ▶ 2 polythene
- ▶ 1 saline water for umbilical cord
- ▶ 1 immunization card
- ▶ 4 diapers
- ▶ 1 soap and more



Be Prepared, Order Today

 shop.teheca.com

 +256 777 709 055

Assisted Maternity Shopping

Chat with an expert shopping guide to review your pregnancy, baby shopping list, discuss prices and product options.

What to expect

- ▶ Budget planning and reviews:
 - What to buy?
 - When to buy?
 - Where to buy from?
- ▶ Essential product identification and price estimation
- ▶ Shopping and delivery of items

Save time and money with guidance from our experts.

Book an Appointment

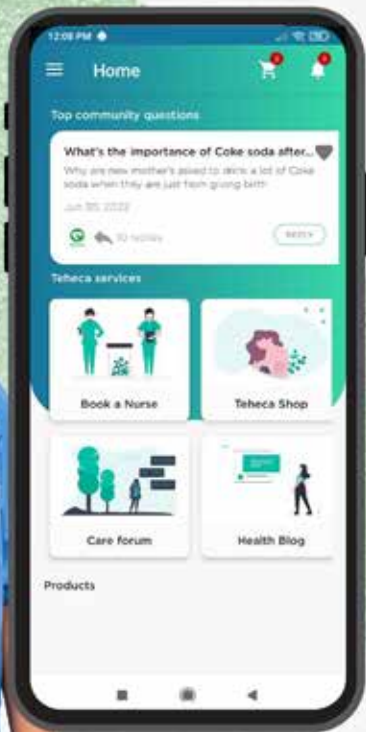


shop.teheca.com



+256 777 709 055





Download Teheca App

Now at the touch of your fingertips!

FEATURES

Book a Nurse

Book a nurse for personalised and dedicated care in 3 simple steps.

Care Forum

Connect with other like-minded people, share your experiences, and exchange valuable information and advice about health, maternity, and wellbeing

Health Blogs

Access to curated context-relevant and actionable health care tips from expert sources



Scan QR to Download the Teheca app and access exclusive discounts.





Why choose Teheca

Convenience

The care you need, right where you are, without the burden of transportation, waiting times, or leaving your home.

Accessibility

Quality healthcare is a right, regardless of location, mobility, or financial status. Our care services are accessible at home or in the hospital.

Accountability

Our clients deserve transparency and trust in all aspects of service delivery. Teheca nurses are trained to provide clear and concise communication to ensure you're fully informed about the care you receive.

Find out more about Teheca via our website.

Learn More >



www.teheca.com



MISSION

To assist families gain convenient access to qualified nurses who care for their patients, new mothers, and babies at home and in the hospital through our digital platforms.

VISION

To revolutionize the healthcare industry by transforming the delivery of nursing & maternity care services and products, by offering unparalleled convenience, quality, and affordability to families across Africa through cutting edge digital solutions.

Our unwavering commitment is to provide peace of mind to families and to be the go-to destination for innovative and accessible health services on the continent.

Learn More >



www.teheca.com





OUR VALUES

1. Care

We are committed to providing high-quality care services and support; the same kind of care we would like for our own family.

2. Compassion

We provide person-centred care with compassion and purpose. Our nurses are passionate about changing lives without judgement.

3. Communication

We keep in touch with our clients' supporters and keep detailed records to offer the best care through teamwork.

4. Competence

Our capability to apply all our patient care knowledge in service to our clients must be exhibited. We do not compromise on the quality of the service we provide regardless of the prevailing conditions

5. Courage

Our nurses are specially trained to display courage and bravery in face of complications and challenges, making life-saving interventions.

6. Confidentiality

Trust is important in building relationships with our clients and their families. We maintain confidentiality and offer a discrete service to gain their total trust.



Read More >>

www.teheca.com

Condition-Led Care

We have a diverse team of nurses with different qualifications and experience who can care you or your loved ones with different range of conditions

- ▶ Supportive postnatal care for new mothers.
- ▶ Diabetes
- ▶ Cancer
- ▶ Stroke
- ▶ Dementia
- ▶ Palliative Care
- ▶ Wellness Classes
- ▶ Specialist Support
- ▶ Supportive care for Knee & hip replacement patients
- ▶ Parkinson's disease
- ▶ Arthritis
- ▶ Pediatric care for premature babies.

Talk to us about your specific care needs.

Contact Us



info@teheca.com



www.teheca.com



+256 200 902 468



+256 777 709 055



Helping you access a pool of qualified nurses for personalized and dedicated nursing care services

BOOK A NURSE WITH CONFIDENCE



+256 200 902 468
+256 777 709 055



info@teheca.com
www.teheca.com



Wampeewo, Gayaza
road

